

The challenge for our society is to find new ways to enable our seniors to remain in their own homes and help them maintain a life with dignity, independence, and self-respect. High Desert Village is an innovative approach, dedicated to making this a realistic and cost-effective option. *Village Life* is a place to share stories and resources on making it happen.



In Memoriam....

It is with sadness but a lovely sense of nostalgia that we fondly remember long-time member of High Desert Village, Art McEldowney.

Art's life was full--a world traveler for both work and pleasure, a man with an ongoing interest in technology, an avid fisherman and outdoorsman, and a strong believer in the value of



volunteerism. He was devoted to Jane, his wife of 53 years, to his daughter and son, and to his beloved First United Methodist Church.

We have been privileged to have Art serve on the board of HDV for a number of years, and to be treated to his ready smile and willingness to help those of us who are less technologically astute!

For a complete biography of Art's life, please log onto the HDV website and check the December 1, 2011 newsletter.

PRESIDENT'S CORNER



Friends Helping Each Other

We lost a dedicated High Desert Village founder/member

recently when Art McEldowney died suddenly. We are grateful for all the work that he did towards the organization of High Desert Village. Please keep his wife Jane in your thoughts and prayers at this difficult time.

My favorite poet/writer is John O'Donohue. He describes aging as "a time of gracious harvesting". Fall brings about personal harvesting as we prepare for the darker days of winter and harvesting in many parts of our lives.

High Desert Village is harvesting as well. We are harvesting our most recent strategic planning for HDV. The HDV board team leaders have been busy organizing the service teams. One team that has been working diligently is the Membership Service Team. They are updating our interview, application and acceptance process as well as our brochure. Once the board has had the final review of this work, we will be ready to reopen membership. The target date is <u>November 1</u>.

At the October board meeting, we discussed the viability of a maximum number of HDV members. We are a member-to-member organization that wants to maintain our spirit of community and not become a complicated bureaucracy. To that end, we have set that "magic number" at 165. That certainly is not a final assessment, but only a guide for now. If you have input regarding that number, please contact me or another board member.

Happy fall and happy harvesting!

Pam DiDente 541 390-8980

SNICKETS by Midge ... submitted by Midge Michael

I never really liked the terminology <u>"Old People"</u> but this makes me feel better about it. And if you aren't one, I bet you know one! I got this from an "Old Personal friend of mine"!

"OLD PEOPLE" PRIDE

I'm passing this on as I did not want to be the only "old people" receiving it. Actually, it's not a bad thing to be called, as you will see.

Old People are easy to spot at sporting events; during the playing of the National Anthem. Old People remove their caps, cover their hearts, stand at attention and sing without embarrassment. They know the words and believe in them. Old People remember World War II, Pearl Harbor, Guadalcanal, Normandy, and Hitler. They remember the Atomic Age, the Korean War, The Cold War, the Jet Age and the Moon Landing. They remember the 50 plus Peacekeeping Missions from 1945 to 2005, not to mention

Vietnam.

If you bump into an Old Person on the sidewalk he will apologize. If you pass an Old Person on the street, he will nod or tip his cap to a lady. Old People trust strangers and are courtly to women and treat them with great respect. Old People hold the door for the next person and always, when walking, make certain the lady is on the inside for protection.

Old People get embarrassed if someone curses in front of women and children and they don't like any filth or dirty language on TV or in movies.

Old People have moral courage and personal integrity. They seldom brag unless it's about their children, grandchildren or their animals.

It's the Old People who know our great country is protected, not by politicians, but by the young men and women in the military serving their country This country needs Old People with their work ethic, sense of responsibility, pride in their country, and decent values. We need them now more than ever Thank God for Old People....

I was taught to respect my elders. It's just getting harder to find them.

GLOBAL WARMING: FACT OR "HOAX"

This year the National Oceanic and Atmospheric Administration released a report signed by over 450 scientists confirming 2016 as the hottest year on record, and that:

Greenhouse gases were the highest on record. Sea-surface temperatures were the highest on record. Global upper ocean heat content neared a record high. Antarctica had a record low sea ice extent.

Following this report, the White House was given the most comprehensive science report ever written, published and reviewed by scientists from 13 federal agencies affirming that climate change is real, it's caused by human activity, and it's already hurting people across the U.S. Nearly everywhere that its authors looked--at the poles, in the tropics and beneath the ocean's surface, they found symptoms of human- caused climate change.

Twelve percent of the earth experienced drought last year, while the globe saw a greater than 10% increase in tropical storms like Hurricane Mathew, causing significant damage.

These extreme events cost Americans \$46 billion last year and tragically ended Americans' lives. The atmosphere had the highest concentration of carbon dioxide every recorded.

So, facts are facts. What can we as individuals do to lessen our footprints on the earth? 1) Buy a material grocery bag and use it for carrying food instead of plastic ones. Reuse plastic bags for vegetables and fruit. 2) Eliminate food waste. There are enormous costs in the form of greenhouse gas emissions and energy inputs in producing food. 3) Add a

renewable energy component to your power company service. For example, you can purchase a piece of Blue Sky wind energy for just \$7.00 a month. 4) Eat less beef and fewer dairy products. Agriculture is responsible for 18% of the total release of greenhouse gases

world wide. 5) Support your senators and representatives who have strategic plans to address global warming issues. For example, Senator Jeff Merkley has a plan to have Americans using 100% clean renewal energy by 2050.

We are in the "11th hour" before we can no longer reverse the damage we have done to our Earth home. Global warming is not a hoax, my friends.

Submitted by Micki Turner, member of High Desert Village

MEMBER SERVICES

Daily Living and Home Services

- Meal preparation when ill, injured or recovering from a surgery
- Errands
- Wait in home for a service or delivery
- Pet care or dog walking
- Basic housekeeping on a temporary basis
- Taking out trash and recycling
- Mail collection when out of town

Transportation

- Airport
- Shopping. Will walk member to door and carry in packages
- Hair and or nail salon appointments
- Doctor and Dental appointments
- HDV events

Handyman/Light Home Maintenance

- Simple house repairs
- Changing lightbulbs and smoke alarm batteries

- Heavy Lifting
- Referral to reliable vendors when problem needs more expertise assistance

Medical Advice and Advocacy

- Accompany to Doctor's office at member's request
- Calls and visits to discuss and advise members about medical conditions by RN
- Assist with obtaining durable medical equipment

Electronics and Computers

• Simple solutions for computers, DVD, phones and clocks

Gardening Advice and Help

- Water outdoor and indoor plants during brief absences
- Gardening advice
- Mow lawn and weed when member incapacitated temporarily

CALLS DURING INCLEMENT WEATHER

The following services were provided to our members by our members in September and October

> MEDICAL.....10 HANDYMAN.....16 COMPUTER TECH....2

Call 24/7/364..... 541-419-9912

CALLING ALL TECH-IES!

The PC/MAC Technology Service Team is looking for a few volunteers to assist with limited (small) requests for help with home computers. If you are interested, please email Clarissa Jurgensen at classia1938@gmail.com.



Thanks!

High Desert Village Newsletter	November 2017
Village Life is a monthly publication of High Desert Village, a non-profit organization where friends help friends stay in their homes longer. Interested in becoming a Villager? Call us at 541-419-9912. Check out our web site at http://highdesertvillage.com Email us at desertvillage@gmail.com	Place Stamp Here
Send this to a friend	

TO: