

# Village Life

## HDV Member Profile - Sue Foster

Sue Foster grew up in a small mill town in Maine, a state known for its pristine forests, rocky coast line, lighthouses and ski resorts. Like many a Mainer she started skiing young, age 4.

Sue recalls skiing at Poland Springs resort. "My father worked there and would drop me off on the ski slope with money for hot cocoa and fries. And I would ski all day."



A competitor all though her school years she became an instructor at Sugarloaf upon graduation from the University of Maine. There she began teaching both alpine and Nordic skiing for many years and eventually moved up to management. But as skiing is seasonal, Sue developed a second career in the food business, working at fine restaurants learning the business from the prep table up.

Some of the well-known venues she worked at include The Vineyard in Portland Me and White Barn Inn at Kennebunkport. She also worked as a private chef for a time.

Capping a 25 year career in winter sports she decided to feed another interest viniculture and applied to a two year program in Walla Walla Community College. She and her 20 classmates would learn about soils, pests, varietals as well as the chemistry of wine

making. The course included working in a cellar and tasting room to earn a degree in Enology (the study of wines) and Viticulture.

"I tasted wines from all over the world," she says.

However, she was missing skiing and Walla Walla's gray, foggy winters were disappointing, she says. So deciding to head for our slopes, she checked out snow conditions at Mt. Bachelor and saw the resort was searching for someone to manage the Nordic Center. She applied for the position and made the move to Bend.

She served in that role for 12 years enjoying the more stable snow conditions of western mountains.

"In the east the snow pack is more moist, less stable and often unpredictable," she explains. "Mt. Bachelor is known for having to do the most snow removal of any resort rather than snow making."

A woman of many talents she is also handy building houses. Having built a few in Maine with her then spouse, she decided to design and build her Bend home.

"I was fortunate to find a builder who respected my ideas and decisions. The result is a home I am exceptionally pleased with.

Sue is enjoying the ability to hike and ski in Central Oregon and travel to other parts of the globe. But she is serving on the Drivers and Good Time teams. She wants the members of know that she with all of her experience in the wine and food industries, she can host a great party.

Joette Storm, Associate Editor



## From the President's Desk . . .

The village movement is thriving in Oregon. Recently we had inquiries from Klamath Falls and Cottage Grove about how to start a village. Our own village is waking up, with more members making and responding to service requests. It is a delight to see.

Our annual general meeting will be at **Worthy Brewing Company on Tuesday, May 16**. Sign up by clicking on the event tab on our website calendar. There are three goals for this meeting: 1) Members to get to know one another. 2) HDV Board to give a "State of the Union" of the village. 3) Members questions and comments.

Let's have a record breaking attendance!

Mark your  
calendars for High  
Desert Village's  
2023 Annual  
Membership  
Meeting

Pam DiDente, Board President

## To Your Health

Cataracts are a clouding of the normally clear lens of the eye, usually due to aging changes. A cataract surgeon removes the cloudy lens and inserts a clear lens in its place.

A measurement of the length of the eye is taken in the office pre-op to determine the power of the lens.

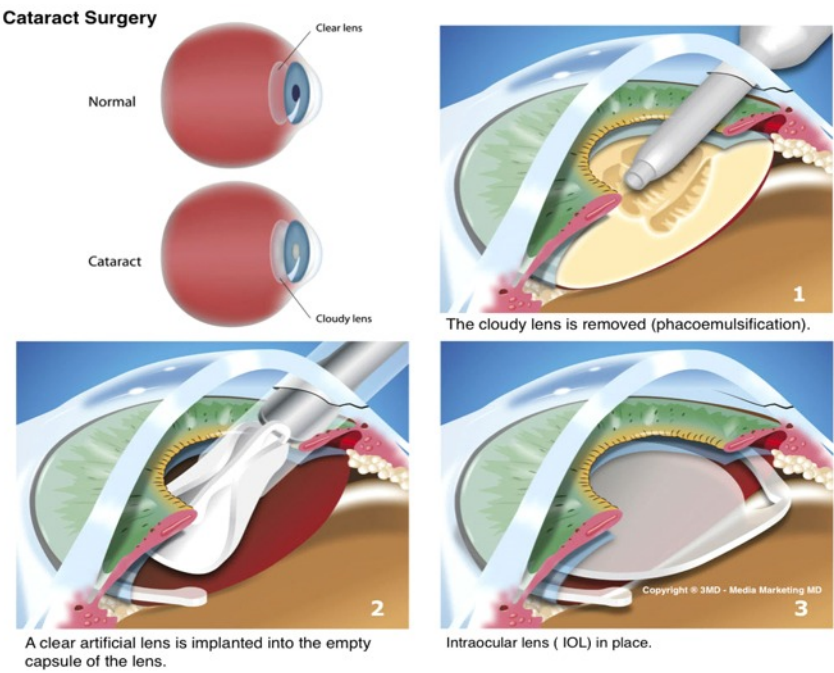
There are a few choices that you'll be asked to make about the lens replacement. It can be for distance, near or intermediate vision for single distance, these are lenses paid for by insurance.

There is also a multi-focal lens that helps with reading but have an additional cost. Like a bifocal. If you have astigmatism there is a toric lens to correct astigmatism so glasses don't have to be so thick.

Cataract surgery is normally a short surgery in an outpatient facility. You will use drops in your eye to prevent infection and inflammation postoperatively for a few weeks. Most people notice a big improvement in vision within the first day or so.

REMEMBER, the Village can help if you need transportation or someone to stay with you for a few hours after getting home.

Ann Kerr



## Just for a Laugh

The local news station was interviewing an 80-year-old lady because she had just gotten married for the fourth time.

The interviewer asked her questions about her life, about what it felt like to be marrying again at 80, and then about her new husband's occupation. "He's a funeral director," she answered. "Interesting," the newsman thought... He then asked her if she wouldn't mind telling him a little about her first three husbands and what they did.

She paused for a few moments, needing time to reflect on all those years. After a short time, a smile came to her face and she answered proudly, explaining that she had first married a banker when she was in her 20's, then a circus ringmaster when in her 40's, and a preacher when in her 60's, and now - in her 80's - a funeral director.

The interviewer looked at her, quite astonished, and asked why she had married four men with such diverse careers.

She smiled and explained, "I married one for the money, two for the show, three to get ready, and four to go."

High Desert Village Board Meeting  
Tuesday, April 18 - 2:30 p.m.  
Deschutes Downtown Library

## Music Corner

Blended voices make for an enjoyable sound in the acapella rendition of Daddy Sang Bass by the group **Voice Play**. Once again, the human voice proves to be the purest of instruments. Enjoy!



<https://www.youtube.com/watch?v=5bHnzBmwpzg>