

JULY 2021



Village Lif

Let's Have a Good Time!

The Good Time Team along with your hosts Jim & Debbie Fields Invite you to a FARM TOUR – Friday, JULY 30th - 10:00a.m.



meet at the farm 61915 Pettigrew Road Bend, Oregon 97702 Website/ https://fields.farm/

RSVP at HDV website required group size limited to 25 (wait list will be established for future tour)

ICE CREAM SOCIAL

Tuesday, AUG. 17th - PIONEER PARK 2:30 p.m.-5:30 p.m. 1525 NW Wall St, Bend, OR 97701 **Picnic Shelter Area** Bring a chair/sunscreen/hat (ice cream/snacks and fruit will be provided) RSVP at HDV website required



Drivers, Start Your Engines!

After a 16-month hiatus due to COVID, the High Desert Village Driver's Team is back in action to transport members to and from their home to destinations in Bend and to the Redmond Airport. The service begins August 1, and operates between 8 a.m. to dusk. Drivers cannot transport members to the Emergency Room or transport them in a wheelchair.

Further driver and member criteria will be posted in the next newsletter.

Home & Community Services Directory

If you are looking for home or community services, here is a directory provided by Sheila Balyeat, Broker at Cascade Sotheby's International Realty. Thank you, Sheila, for sharing it with High Desert Village.

https://drive.google.com/file/d/1FnaT92v8hvRKjTfexBMpX_ovs51q1gh9/view

Just for a Laugh

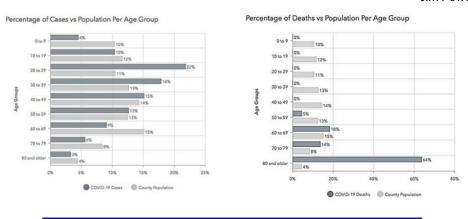


COVID's Evolution

The disease is still circulating quite predictably among unvaccinated populations with a similar incidence as before. The variants now present in Central Oregon are about 50 percent more infective and 30 percent more lethal. In terms of numbers, the latter is much more significant in older populations as mortality was already upwards of 60 percent, but increasing numbers of younger people are being hospitalized now that the older populations have become vaccinated.

With fewer people wearing masks, especially during travel, variant strains are predominant in Oregon cases. Newer data suggests the mRNA vaccine (Pfizer and Moderna) are still about 88 percent effective in preventing disease with these new variants. And the cases are still tending to be less severe and not requiring hospitalizations, even in older populations. There is no evidence to suggest that vaccinated individuals are highly likely to transmit COVID, even if they contract it. And, even only one person wearing a mask in close proximity to another is 87 percent effective in preventing transmission of the virus. The earlier predictions of the persistence of the disease in a community reservoir have become more of a certainty.

Jim Powell



To Your Health

Mutual Support for Health Problems

As we collect birthdays, we sometimes have more health issues. Many people find it helpful to talk to someone with a similar problem. I know I did with both my crohn's and breast cancer. Members also call me with questions about their family member's health issues, looking for more information. It has occurred to me that there is a wealth of information in the Village, far beyond the Health Advocacy Team.

I would like to collect a list of "who has had what" in a confidential registry. Several Villagers have already encouraged me to do this. If you would be willing to share what major health conditions or experiences you have had, and be willing to talk with someone having a similar problem, please email me at ihildreth@bendcable.com.

I imagine we could offer support for many conditions, diseases, surgery experiences and health issues. It will be another way for HDV to facilitate "Friends Helping Each Other." Jan Hildreth

A Village to Village Meeting

Not all Villages are created equal. Some HDV members recently learned about Newton

At Home, a Newton, MA village. Amy Kraus, an employee of the Massachusetts village, visited with our members over lunch. Kraus, the part time Program Coordinator of



you'll like this one! It's made from an anti-diuretic hybrid grape and reduces the number of trips people your age go to the toilet during the night. It's called PINO MORE!



Music Corner

Postmodern Jukebox is the creation of pianist and arranger Scott Bradlee. It features different musicians and front singers putting a vintage, jazzy twist on many contemporary songs. While PMJ tours internationally, it is their performances on You Tube that has gained them more than 50 million subscribers and 1.5 billion views. Here Puddles Pity Party and Haley Reinhart perform a PMJ arrangement of Mad World.

https://www.youtube.com/watch?v=aVevvbFNKiY

the Newton village, was in the area vacationing and met with Pam DiDente, Jan Hildreth, Donna Bisset, Irene Nuzzo and Gene and Joette Storm.

Among the events Kraus organized over the last year were virtual tours of various museums in the Boston area. One of their members, a museum docent, led the tours. There is also a Spanish conversation class, walks and lunches now that the members are meeting again in person.

The Newton group has 180 members, an executive director and four part time staff to manage affairs. The membership age range is a bit older than High Desert's. And Newton uses volunteers that are not members to provide services, such a driving, yard work or shopping. Annual dues are \$725 per individual or \$850 for a couple.

The exchange showed how flexible a village model may be to fit the needs of the community it serves. Kraus was interested in our organizational model in which all members can be volunteers.

Joette Storm

High Desert Village Board Meeting Tuesday, July 20, 2021, 4 p.m. Via Zoom