



# Village Life

*The challenge for our society is to find new ways to enable our seniors to remain in their own homes and help them maintain a life with dignity, independence, and self-respect. High Desert Village is an innovative approach, dedicated to making this a realistic and cost-effective option. **Village Life** is a place to share stories and resources on making it happen.*



## HDV General Meeting

**May 16, 2016 (Tuesday) at Noon**

Pappy's Pizza, 20265 Meyers Drive near Fred Meyers

Pizza, salad and soft drink included

Yearly dues will be collected at this meeting.

Guests are welcome.

**RVSP by May 13 to Alice Johnson**

541-385-3325

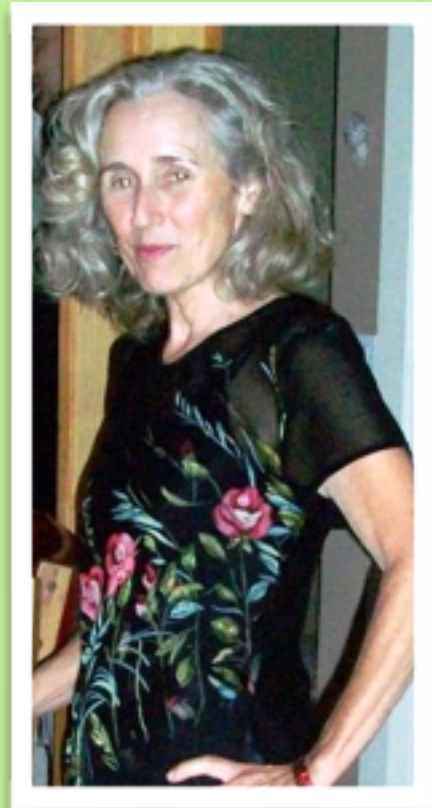
[alicejeanj@q.com](mailto:alicejeanj@q.com)

# Meet New Members...

## Katie Jones

*Submitted by Linda Melton*

Katie Jones moved to Bend 7 years ago after retiring from a career in health care. That career spanned everything from psychiatric nursing, to volunteering in Romanian orphanages, to public health. While she loved the sense of freedom to pursue new challenges both at home and abroad, she is happy now to have settled in Bend in her "very first-ever home," and looks forward to the many outdoor activities, social interests, and volunteering that central Oregon has to offer.



## ...and Mike and Carol Bowen



Carol and I were both born and raised in Kansas. Carol was a nurse and I worked as an engineer in the wood products industry. We have three children who all currently live in Washington state. We lived in Bend during the early 1970's and then spent 30 years in Longview, Washington. After retiring, we decided we had enough rain for this lifetime and returned to Bend in 2004. We both look forward to the opportunity to make new friends and volunteer a helping hand in the High Desert Village.

*Submitted by Mike Bowen*



## SNICKETS by Midge...*submitted by Midge Michael*

### THE OLDER CROWD

A distraught senior citizen phoned her doctor's office. "Is it true?" She wanted to know, "that the medication you prescribed has to be taken for rest of my life?" "Yes, I'm afraid so," the doctor told her. There was a moment of silence before the senior lady replied, I'm wondering then, just how serious is my condition, because this prescription is marked NO REFILLS!"

You know you are getting old when EVERYTHING either dries up or leaks.

One of the many things no one tells you about aging is that it is such a nice change from being young.

High Desert Village Newsletter is published every other month.

**Publisher: Nora Miller**

**Editor: Linda Melton**

*Contributors: High Desert Village Members*

*please submit articles of interest to Linda Melton*

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*Share with us, what interests YOU!!*

## PRESIDENT'S CORNER



The past couple of months I have written about the Board's work on policy changes and future planning. We will be presenting these decisions at May's General Meeting on May 16th and I strongly urge all HDV members to attend. These new policies will firm up our organization's structure and ensure our Village is moving forward in an organized way. These changes include HDV's geographic boundaries, member safety and increased member involvement. These policies and how they will be implemented will be carefully explained during the meeting. Also, our new Board for 2017-2018 will be introduced. As in past years, we will be meeting at Pappy's Pizza on May 16th at 12 noon. Pizza, salad and soft drinks will be provided.

Art and I have been traveling this past month with Dan and Patti Anslinger with our RV's in tow. We have been through California, Arizona, New Mexico, Texas, Louisiana and Mississippi. Much of travels have been punctuated by weather events; snow, torrential rain, high winds, sleet and fog, so we haven't lost out on what everyone in Bend has experienced weather-wise. However, we have enjoyed beautiful scenery, geological wonders and interesting museums. Despite the disappointing weather, it has been an enjoyable and educational tour.

Hope to see you in May.

Alice Johnson  
President

# MEMBER SERVICES

## Daily Living and Home Services

- Meal preparation when ill, injured or recovering from a surgery
- Errands
- Wait in home for a service or delivery
- Pet care or dog walking
- Basic housekeeping on a temporary basis
- Taking out trash and recycling
- Mail collection when out of town

## Transportation

- Airport
- Shopping. Will walk member to door and carry in packages
- Hair and or nail salon appointments
- Doctor and Dental appointments
- HDV events

## Handyman/Light Home Maintenance

- Simple house repairs
- Changing lightbulbs and smoke alarm batteries

- Heavy Lifting
- Referral to reliable vendors when problem needs more expertise assistance

## Medical Advice and Advocacy

- Accompany to Doctor's office at member's request
- Calls and visits to discuss and advise members about medical conditions by RN
- Assist with obtaining durable medical equipment

## Electronics and Computers

- Simple solutions for computers, DVD, phones and clocks

## Gardening Advice and Help

- Water outdoor and indoor plants during brief absences
- Gardening advice
- Mow lawn and weed when member incapacitated temporarily

## CALLS DURING INCLEMENT WEATHER

*The following services were provided to our members by our members in the past two months:*

Handyman.....3

Computer.....3

Transportation..... 3

*Think about calling HDV before you call a plumber, computer company or cab service!*

**Call 24/7/364..... 541-419-9912**

## Villagers Update

### Milo Thornberry

#### IN MEMORIAM

We are sad to announce that our friend, Milo Thornberry, passed away peacefully, surrounded by family, on March 8, 2017. Milo was well-known in the HDV community as one of its founding members who served on the board for several years.

Milo is survived by his wife Connie and three children.

Condolences are offered to them and to all his friends, who remember him fondly as a cheerful man, who was always ready with a funny story to add to his many recollections of life-long service in the Methodist church.

You can re-read Milo's complete member bio that appeared in the HDV newsletter of March 2011.



**Village Life** is a monthly publication of High Desert Village, a non-profit organization where friends help friends stay in their homes longer.

**Interested in becoming a Villager?**

**Call us at 541-419-9912.**

**Check out our web site at <http://highdesertvillage.com>**

**Email us at [desertvillage@gmail.com](mailto:desertvillage@gmail.com)**

**Send this to a friend**

Place  
Stamp  
Here

TO: